

# HILLINGDON CITIZENS ADVICE – BUREAU SERVICES

**From 23 November** Please note that these services are for people who live in the borough of Hillingdon.

HCA is a charity independent of the local council. Occasionally the advertised service may be restricted due to heavy demand, shortage of volunteers/advisers or other circumstances beyond our control. The service is closed on Bank Holidays. Check [www.hillingdoncab.org.uk](http://www.hillingdoncab.org.uk) for full details of all our services and outreach venues.



**Personal callers: Please see the Reception opening hours for each Bureau below.  
An initial assessment will be made and assistance offered from a range of advice and information services.**

## HAYES CAB

One Stop, 49-51 Station Rd, Hayes,  
UB3 4BE

**Tuesdays and Thursdays  
Reception Desk open from  
9.00am – 11.30am**

**GP Outreach:** patients of the Yiewsley and Harefield Health Centres and Belmont Medical Centre can make an appointment with a CAB adviser at these centres.

## UXBRIDGE CAB

The Colonnade, Civic Centre,  
High Street, Uxbridge. UB8 1UW

**Monday, Tuesday,  
Wednesday, Thursday  
Reception Desk open from  
9.30am – 4.00pm**

**Money Advice for Tenants:** Hillingdon Homes tenants with rent arrears can now be fast-tracked to appointments. Phone **01895 556056** or email [mat@hillingdoncab.org.uk](mailto:mat@hillingdoncab.org.uk).

## RUISLIP CAB

9 Eastcote Road, Ruislip.  
HA4 8BD

**Monday, Tuesday, Thursday  
Reception Desk open from  
9.30am – 11.30am**

**Children's Centres Outreach:** a CAB adviser is available weekly at the Nestles Avenue, Hayes College Campus, Belmont and Colham Manor Children's Centres.

**ADVICEGUIDE – check the 24 hour CAB information service available at [www.adviceguide.org.uk](http://www.adviceguide.org.uk)**

**TELEPHONE ADVICE & INFORMATION LINE: 0844 848 7903**



**Tuesdays, Wednesdays and Thursdays**



**Advisers available from 9.30am – 12.30pm & 1.00pm – 3pm**

+ Automated 24 hour information service. Requests for telephone advice can also be made via our website, [www.hillingdoncab.org.uk](http://www.hillingdoncab.org.uk).